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Long Distance Family Reunion

Many soldiers fighting across seas are missing out on some of their childrens' largest milestones.

Eight year old Spencer Bodensteiner is testing his chopping and jabbing skills trying to become a black belt in Tae kwon do.

But Spencer's day wouldn't be complete with out the support of his mom and his dad.

It wasn't a long trip for Spencer's mom Margo Bodensteiner. But his dad, Army Sergeant First Class Jim Bodensteiner watched Spencer go from brown to black belt, via web cam from Iraq Sunday.

Margo Bodensteiner says, "For him to see dad and know that he can see him back and forth, he's so ecstatic about this, it's unreal, it's like dad is really here."

Sergeant Bodensteiner has been on active duty with the Iowa National Guard in Iraq for the last nine months.

Margo Bodensteiner says, "The sound of his voice is nice but really seeing him and putting the face to the words is much better."

The video conference, was organized by "Freedom Calls," a non-profit foundation that connects families with soldiers in Iraq and Afghanistan.

Spencer Bodensteiner says, "I think that it's really nice of them to actually set that up for me, that's really cool."

The Bodensteiner family expects Jim back from Iraq next May.